

# Food Service Annual Report

2019



# What our services look like

Breakfast K-12 / Lunch K-12

Dinner K-12 offered at LaVenture Middle School Monday through Thursday each week during school year

Snack Programs - offered at no charge to any after school program

Catering - Special requests for coffee service to formal meals

Grants - Fresh Fruit & Vegetable Grant for Washington & Centennial (\$45,000)

Breakfast after the bell - provides resources to feed children after bell

Summer Program feeding - for MVSD programs and other organizations (FAE)

# Summer Meal Highlights

**NCTA:** 6-24 to 7-12 ~ No food service staff, program was run for us by teacher Nichole and the students! Self-generated revenue, students serving students



Breakfast 360 / Lunch 1,505

**SVC (FAE Group):** 7-8 to 8-8

Breakfast 4,404 / Lunch 4,601



**MVSD Summer Program:** 7-8 to 8-8

Breakfast 1,544 / Lunch 3,291



**Total Summer Meals**

**Breakfast 6,308 / Lunch 9,397**

# Summer Program Feeding

Our NCTA in Mount Vernon runs a three week course in the summer focused on trades such as:

Fire Science

Applied Medical Science

Dental Assisting

Video Game Development

Criminal Justice

Culinary Arts

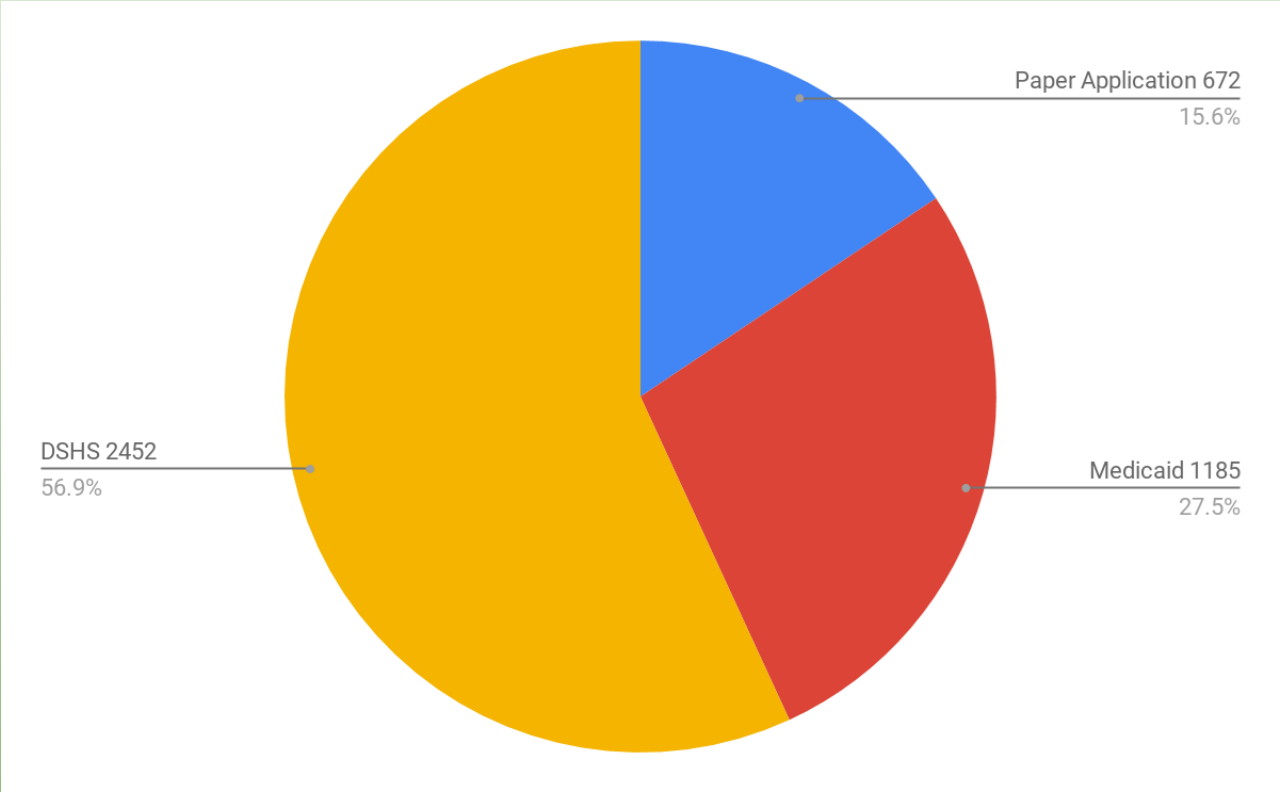
Veterinary Assisting

# Summer Program Feeding

## Northwest Career & Technical Academy

- ★ Integrated the Advanced Culinary Arts course and the need to provide these students with breakfast and lunch
- ★ Culinary Teacher/Chef, Nichole Ehman
  - The advanced students operated in a commercial kitchen
  - Students followed the provided menu and recipes to meet school nutrition standards
  - Prepared and served their fellow peers
  - Students served about 250 meals a day
- ★ Eating participation was up from last year
- ★ Students also had the opportunity to give back and feed the public

# Free & Reduced Meal Benefit Highlights



# Who We Feed

**Skagit County** median household income in 2018 was \$76,543



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**An average family of 4 in Mount Vernon with 2 children:**

- Combined household income is less than \$33,000 a year
- Hourly income is \$9 - \$11 per hour
- This is 52% of our students who live in poverty



*9% more are reduced status, \$47,600 income*

# Goals for this school year

Recipes: focus on fresh

Farm to Table: Local Sakuma berries and Washington apples

Compostable 5 compartment tray

Styrofoam is now limited to soup bowl

Utensils moving towards stainless steel